

## **Baby To-Buy List**

Here's a list of things you'll want to buy before your baby's arrival. My sister-in-law, Jennifer Lindenbaum, compiled this list. She's not only a busy lawyer but also a mom of my two beautiful nephews – Henry & Joseph.

- Disposable New Born Diapers (I DEFINITELY like Pampers Swadlers)
- Wipes I like the seventh generation organic wipes
- Wipes warmer (I didn't use one) but some people like it.
- Diaper Dekor (disposal system)
- Diaper Dekor refill bags
- Disposable changing pads to put on changing table –(very good in the beginning when baby is very messy you put it on top of your changing table so you don't have to keep washing your changing table cover).
- Changing pad and cover
- Purel (there are organic versions such as one called THE GERMINATOR)
- Tide or All FREE detergent, or Dreft.
- Aquafor (use as a moisturizer)
- Balmex cream or Triple Paste
- Cotton Squares (like cotton balls) (they work great for wiping babies with just warm water before you use wipes or if baby is too sensitive for wipes)
- Sterile alcohol –(for cleaning thermometer)
- Baby Ayr saline nasal drops
- Bulb Syringe / Nasal Aspirator
- Calibrated dropper or spoon for giving medicine
- Infant Mylicon drops for GAS VERY USEFUL
- Baby wash / soap/Baby shampoo I use Waleda it is organic get it at Whole Foods
- Infant or Baby Tylenol
- Infant or Baby Motrin
- Childrens' Benadryl
- Baby bathtub
- Baby healthcare set—make sure it includes rectal thermometer (if not, buy one) – also may include some of the things listed above.
- Breast pump

- Medela breast milk storage system
- Breast milk storage freezer bags –Lansinoh makes the best freezer bags
- Bottles Dr. Brown's bottles are BPA free and they fit directly onto the Medela breast pump and they are NOT glass.
- Boppy pillow for nursing (the better one for your back is "My Breast Friend")
- Bottle brush (the softer the better so it doesn't scratch)
- Bottle drying station
- Pacifiers (silicone, NOT latex).
- Baby monitor I like the digital ones
- Crib pads
- Baby hangers